



January/February 2013

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National Council For Therapeutic Recreation Certification

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Welcome to NCTRC e-News!

Happy New Year from NCTRC!

CTRSs to Celebrate Therapeutic Recreation Month: February 2013

The purpose of National Therapeutic Recreation Month is to enhance public awareness of therapeutic recreation programs and recreational therapy services, promote inclusive recreation opportunities for individuals with disabilities, and recognize the CTRS as the qualified provider of RT services. According to NCTRC, recreation therapy, also known as therapeutic recreation, is a systematic process that utilizes recreation and other activity-based interventions based upon the assessed needs of individuals with illnesses and/or disabling conditions. The purpose of the RT process is to improve or maintain physical, cognitive, social, emotional and spiritual functioning in order to facilitate full participation in life. For more information... [NCTRC Scope of Practice](#).

NCTRC has developed a [TR Month Flyer](#) for promotional use. Please feel free to print this marketing tool and make several copies to display at your agency. NCTRC also offers an array of promotional materials for use at your agency during TR Month or any other time to help promote the CTRS credential and recreational therapy services. All NCTRC promotional materials can be downloaded in PDF format from the [NCTRC website](#) or you can contact NCTRC if you would like multiple copies of a specific brochure.

It is envisioned that during the TR Month promotion, CTRSs and their agencies will host a series of lectures and presentations, career days, adaptive sport events, workshops, receptions, information booths, and open houses. Proclamations, press releases, articles and public service announcements are also great ways to enhance the awareness of the CTRS credential during National Therapeutic Recreation Month. The American Therapeutic Recreation Association ([ATRA](#)) and the Canadian Therapeutic Recreation Association ([CTRA](#)) offer some promotional items at their respective websites to help plan the TR Month celebration.

NCTRC Welcomes Three New Board Members

As a result of the recently conducted Board election, NCTRC is proud to announce the addition of three new members to its Board of Directors. **Jennifer Hinton, Ph.D., LRT/CTRS, Nancy McFarlane, CTRS w/ Specialty Certification in Behavioral Health and Kelly J. Ramella, MA, CTRS** will officially join the NCTRC Board in March 2013 and serve a three-year term from 2013-2016. A brief profile of each new member appears below.



Jennifer L. Hinton, PhD, LRT/CTRS is a resident of Sylva, North Carolina. Jennifer completed her Bachelor of Science degree in Recreation and Leisure Studies with an

emphasis in Therapeutic Recreation from Kent State University and a Master of Science degree in Recreation and Park Administration with an emphasis in Outdoor Therapeutic Recreation from Indiana University. She holds a PhD in Parks, Recreation, and Tourism Management with an emphasis in Recreation Therapy from Clemson University. Jennifer is currently employed as Associate Professor and Director of the Recreational Therapy degree program at Western Carolina University



Nancy McFarlane, CTRS w/ Specialty Certification in Behavioral Health resides in the metro Portland , Oregon area. Nancy earned her Bachelor of Science degree from the University of Northern Colorado in Recreation and Leisure Studies with an emphasis in Therapeutic Recreation. She currently works at the Portland VA Medical Center as a Recreation Therapist in outpatient mental health, serving on the PTSD Clinical Team, the Substance Abuse Treatment Program, and general Mental Health Clinics. Her responsibilities include providing recreation therapy assessments to referred veterans, treatment planning, individual counseling, and group facilitation.



Kelly J. Ramella, MA, CTRS resides in Phoenix, Arizona . Kelly earned her Bachelor of Science degree in Recreation Management with an emphasis in Therapeutic Recreation from the University of Connecticut and her Master of Arts degree in Health Services Management/Public Administration from Webster University. She also holds a Graduate Certificate in International Health for Healthcare Professionals. As a full time assistant instructional professional at Arizona State University (ASU) within the School of Community Resources & Development, Kelly teaches a variety of coursework including Inclusive Community Development, Volunteer Management, Program Design & Evaluation, Processes and Techniques, and Assessment and Documentation in Therapeutic Recreation.

If you or someone you know is interested in being considered for the NCTRC Board or committee involvement please contact the NCTRC Nomination and Elections Committee via Bob Riley, at (845) 639-1439 or briley@nctrc.org.

May Recertification and Annual Maintenance Reminder

The May 2013 renewal cycle is now in effect. NCTRC will notify CTRSs of their pending renewal date by email or postcard. Certificants can complete the CTRS renewal process on-line via [MY NCTRC LOGIN](#). Printed application packets are available upon request by contacting NCTRC at 845-639-1439. Please be sure to update your current contact information with NCTRC.

May Recertification Exam Option

Please be advised that certificants who are at the end of the five year recertification cycle can take the NCTRC exam to meet the requirements for recertification. The May 2013 exam is the only exam that can be completed to meet the May cycle recertification requirements.

The registration deadline for the May 2013 exam is March 15, 2013. Please visit the NCTRC website www.nctrc.org to access the exam registration form. On the home page, click [Exam](#) or use your log-in information to access the form. There are two options for submission: fill out the registration form online and submit it with a credit card payment or print and complete the registration form and mail it directly to NCTRC with a check, money order or credit card number. The dates for the May 2013 exam are May 6-18, 2013.

NCTRC Annual Board Meeting

The NCTRC Board of Directors and Standing Committee Members will conduct the NCTRC Annual Meeting on March 22-23, 2013 in Newburgh, NY. The agenda for the meeting includes review and acceptance of the annual budget, proposed standards changes, and submitted committee reports. Newly elected Board Members and recently appointed Standing Committee Members will begin their three-year terms commencing with the annual meeting.

Did you know ...

- As of January 1, 2013, the field placement hours have increased to a minimum of 14 weeks and 560 hours
- As of January 1, 2013, a field placement experience must be supervised by an active CTRS academic supervisor
- The agency field placement supervisor must be actively certified for one year prior to supervising interns

Please contact NCTRC at 845-639-1439 or nctrc@nctrc.org if you have any questions or concerns.

Thank you for your continued support of NCTRC and the CTRS credential.