



January/February 2015

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National Council For Therapeutic Recreation Certification

845.639.1439

nctrc@nctrc.org

www.nctrc.org

Welcome to NCTRC e-News!

Happy New Year from NCTRC!

e-mail Notification....Are you up-to-date?

NCTRC uses e-mail notification as the first and primary means of communicating important information to all CTRSs. Please make sure that all of your contact information is up-to-date especially your e-mail address so that notifications are received in a timely manner.

Please visit [MY NCTRC LOGIN](#) to log in. If you are having difficulties accessing your account, click "Reset my Password" at the bottom of the page. You will be asked for the email address in the NCTRC database. If your email has changed, please send a request to change your email address to nctrc@nctrc.org. Please see the message sent to your email address and follow the instructions listed.

CTRSs to Celebrate Therapeutic Recreation Month: February 2015

The purpose of National Therapeutic Recreation Month is to enhance public awareness of therapeutic recreation programs and recreational therapy services, promote inclusive recreation opportunities for individuals with disabilities, and recognize the CTRS as the qualified provider of RT services. According to NCTRC, recreation therapy, also known as therapeutic recreation, is a systematic process that utilizes recreation and other activity-based interventions based upon the assessed needs of individuals with illnesses and/or disabling conditions. The purpose of the RT process is to improve or maintain physical, cognitive, social, emotional and spiritual functioning in order to facilitate full participation in life. For more information... [NCTRC Scope of Practice](#).

NCTRC has developed a [TR Month Flyer](#) for promotional use. Please feel free to print this marketing tool and make several copies to display at your agency. NCTRC also offers an array of promotional materials for use at your agency during TR Month or any other time to help promote the CTRS credential and recreational therapy services. All NCTRC promotional materials can be downloaded in PDF format from the [NCTRC website](#) or you can contact NCTRC if you would like multiple copies of a specific brochure.

It is envisioned that during the TR Month promotion, CTRSs and their agencies will host a series of lectures and presentations, career days, adaptive sport events, workshops, receptions, information booths, and open houses. Proclamations, press releases, articles and public service announcements are also great ways to enhance the awareness of the CTRS credential during National Therapeutic Recreation Month. The American Therapeutic Recreation Association ([ATRA](#)) and the Canadian Therapeutic Recreation Association ([CTRA](#)) offer promotional items at their respective websites to enhance the TR Month celebration.

NCTRC Welcomes New Board Members

As a result of the recently conducted Board election, NCTRC is proud to announce the addition of two new members to its Board of Directors. **Wayne Pollock, CTRS** and **Diane Wagner-Heffner, CTRS** will officially join the NCTRC Board in April 2015 and serve a three-year term from 2015-2018. A brief profile of each new member appears below.



Wayne Pollock, Ph.D., CTRS resides in Virginia Beach, Virginia. Wayne earned his Bachelor of Science degree in Health & Physical Education from West Chester University, Master of Science degree in Recreation Administration with a Therapeutic Recreation concentration from the University of North Carolina and a Ph.D. in Educational Leadership from Old Dominion University. Wayne has 31 years of experience in the Therapeutic Recreation field. He is currently Assistant Professor at Virginia Wesleyan College.



Diane P. Wagner-Heffner, MA, CTRS, CBIS resides in Ann Arbor, Michigan. Diane earned her Bachelor of Science in Therapeutic Recreation from Central Michigan University, a Master of Arts in Counseling from DePaul University and a Masters Certificate in Public Health from Illinois Benedictine University. Diane currently owns and operates Home and Community Recreation Therapy, LLC, a home & community based RT company servicing individuals with traumatic injuries, typically brain and spinal cord injuries.

If you or someone you know is interested in being considered for the NCTRC Board or committee involvement please contact the NCTRC Nomination and Elections Committee via Bob Riley, at (845) 639-1439 or briley@nctrc.org.

NCTRC to Conduct ATRA Webinars

In an effort to continuously market the CTRS credential, NCTRC is scheduled to present the following ATRA Webinars:

- February 6, 2015, 1-2pm EST – Field Placement Guidelines**
- May 6, 2015, 1-2pm EST – Recertification Standards**
- May 13, 2015, 1-2pm EST – 2014 Job Analysis**
- October 7, 2015, 1-2pm EST – Recertification Standards**
- October 7, 2015, 7-8pm EST – New Application Standards**
- October 21, 2015, 1-2pm EST – Specialty Certification**

For further information about the webinars, please visit the [ATRA website](#).

May Recertification and Annual Maintenance Reminder

The May 2015 renewal cycle is now in effect. NCTRC will notify CTRSs of their pending renewal date by email or postcard. Certificants can complete the CTRS renewal process online via [MY NCTRC LOGIN](#). Printed application packets are available upon request by contacting NCTRC at 845-639-1439. Please be sure to update your current contact information with NCTRC.

May Recertification Exam Option

Please be advised that certificants who are at the end of the five year recertification cycle can take the NCTRC exam to meet the requirements for recertification. The May 2015 exam is the only exam that can be completed to meet the May cycle recertification requirements. The registration deadline for the May 2015 exam is March 13, 2015. Please visit the [NCTRC website](#) to access the exam registration form. On the home page, click “exam” or use your log-in information to access the form. There are two options for submission: fill out the registration form online and submit it with a credit card payment or print and complete the registration form and mail it directly to NCTRC with a check, money order or credit card number. CTRSs that complete the exam for recertification are required to complete and submit the NCTRC recertification application and fee along with the exam fee. The dates for the May 2015 exam are May 4-16, 2015

NCTRC Annual Board Meeting

The NCTRC Board of Directors and Standing Committees will conduct the NCTRC Annual Meeting on April 23-24, 2015 in Newburgh, NY. The agenda for the meeting includes review and acceptance of the annual budget, proposed standards changes, and submitted committee reports. Newly elected Board Members and recently appointed Standing Committee members will begin their three-year terms commencing with the annual meeting. Please contact NCTRC if you have any questions regarding the annual meeting.

Did you know ...

NCTRC has three Standing Committees in addition to a nine person Board of Directors:

- Standards Review Committee (SRC) – responsible for new application appeals and disciplinary review
- Standards Hearing Committee (SHC) – responsible for recertification appeals and disciplinary appeals
- Exam Management Committee (EMC) – responsible for the on-going development of the national exam

Please contact NCTRC at 845-639-1439 or nctrc@nctrc.org if you have any questions or concerns.

Thank you for your continued support of NCTRC and the CTRS credential.