



# NCTRC Pre-approved Continuing Education Opportunities

## M A Y

/ 2 0 2 6

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 <b>Oria Mindful: <u>Using Evidence-Based Practice to Provide a Mindfulness Program for Older Adults</u></b>	6	7 <b>Root in Nature: <u>Therapeutic Horticulture Courses</u></b>	8	9
10	11	12	13	14	15	16
17	18	19	20	21 <b>Healthy Solutions: <u>Online Certified Laughter Yoga Leader Training Workshop</u></b>	22	23
24	25	26	27	28	29	30
31						

NCTRC has been requested to provide the above pre-approved continuing education session content. Learn in confidence knowing that NCTRC has pre-approved continuing education session content from various conferences, workshops, online, and on-demand courses offered by a multitude of organizations and continuing education providers. For additional information, please visit the Professional Development section at [NCTRC.org](https://www.nctrc.org).



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